

21 Corporate Hill Drive
Little Rock, AR 72205



Telephone: 501.227.4942
Fax: 501.227.4952
Lisaacademy.org

LITTLE SCHOLARS of ARKANSAS

Wednesday, April 07, 2010

Dear Parents and Guardians,

Upcoming Testing

Benchmark testing for students in 6th, 7th, and 8th grade will begin on Monday, April 12, 2010 through Friday, April 16, 2010. It is important to have students prepared and confident. Students should get plenty of rest, eat breakfast, and attend school on time on the day of the test. Please review the testing schedule for the end of course examination schedule and AP examination schedules.

Mandatory Tutoring

Families who have students who participate in mandatory 8th hours should make note that Tuesday, April 6, 2010 was the **last day** for mandatory Math and English tutoring.

Lunch Volunteers

Lisa Academy is **still** in need of a lunch volunteer to serve lunch every Friday from 10:30-12. If please contact Mrs. Critton for more information at 227-4942 or critton@lisaacademy.org.

Casual for a Cause

Students will be allowed to participate in a **Casual for a Cause Dress Day every Friday** for \$2.00 until further notice from administration. **Students will need to wear uniforms on testing days if the testing day happens to occur on a Friday.**

Earth Day

Earth Day is April 22, 2010, and this is the 40th anniversary of the recognition of Earth Day. Power the Earth Day movement by wearing t-shirts or other articles of clothing: abiding by conservation efforts of recycling plastics, aluminum and paper; and by saving the habitats of endangered animal. Utilize the website to research other conservation efforts that could benefit your community. One website to view is <http://www.earthday.net/>.

Lunch and Aftercare Balances

Parents and Guardians please remember to check your student's balances on the LISA Academy student database. Your cooperation would be greatly appreciated.

Health Service

Our year is soon coming to a close, but we want to make sure we are always planning ahead for the next school year! The Arkansas Department of Health has made some changes again this year to immunization laws. This next school year, they are requiring that all 7th grades receive the Tdap (Tetanus, Diphtheria, Pertussis) immunization, unless one has been received within the last two years. Please remember, that last year, the Health Department implemented that 7th graders also have at least one dose of Varicella (Chicken Pox) if they are under the age of 13 years, and two doses if over the age of 13 years of age. If your child has had the disease, please send a written statement for your child’s record. Below is the updated worksheet with information regarding this immunization from the Department of Health. Pay close attention to the highlighted areas.

KINDERGARTEN THROUGH GRADE TWELVE IMMUNIZATION REQUIREMENTS*

Vaccine ▶ ----- -----	Diphtheria, Tetanus, Pertussis (DTP/DT/Td/DTaP/Tdap)	Polio (OPV – Oral or IPV – Inactivated)	MMR***** (Measles, Mumps, and Rubella)	Hep B	Varicella
Kindergarten	4 doses (with 1 dose on or after 4th birthday)	3 doses (with 1 dose on or after 4th birthday) A child who has received 4 or more doses of polio vaccine does not have to have a dose after the 4th birthday.	2 doses (with dose 1 on or after 1st birthday and dose 2 at least 28 days after dose 1)	3 doses	2 doses (with dose 1 on or after 1st birthday and dose 2 at least 28 days after dose 1) No history of disease will be accepted in lieu of vaccine.
Grades 1 – 12	3 doses (with 1 dose on or after 4th birthday)	3 doses (with 1 dose on or after 4th birthday) A child who has received 4 or more doses of polio vaccine does not have to have a dose after the 4th birthday.	2 doses (with dose 1 on or after 1st birthday and dose 2 at least 28 days after dose 1)	2** or 3*** doses (11-15 year olds could be on a 2-dose schedule)	1 dose (on or after 1st birthday) OR A parent/guardian or physician history of disease may be accepted in lieu of receiving vaccine.

Vaccine ▶ -----	<u>Diphtheria, Tetanus, Pertussis (DTP/DT/Td/DTaP/Tdap)</u>	<u>Polio (OPV – Oral or IPV – Inactivated)</u>	<u>MMR**** (Measles, Mumps, and Rubella)</u>	<u>Hep B</u>	<u>Varicella</u>
Grade ▼					
Grade 7	3 doses (with 1 dose on or after 4th birthday) and 1 dose of Tdap, in 7 th grade because there has been an increase in whooping cough in Arkansas, the Tdap shot will be given to students who have not had a Tetanus shot in the last 2 years or a Tdap shot ever.	3 doses (with 1 dose on or after 4th birthday) A child who has received 4 or more doses of polio vaccine does not have to have a dose after the 4th birthday.	2 doses (with dose 1 on or after 1st birthday and dose 2 at least 28 days after dose 1)	2** or 3*** doses (11-15 year olds could be on a 2-dose schedule)	1 or 2 doses (Depends on age: One (1) dose is required if given at less than 13 years of age. Two (2) doses, separated by 28 days, are required if dose 1 is given at or greater than 13 years of age.) OR A parent, guardian or physician history of disease may be accepted in lieu of receiving vaccine.

*Doses of vaccine required for school entry may be less than the number of doses required for age-appropriate immunization.
 **An alternative two-dose hepatitis B schedule for 11-15 year-old children may be substituted for the three-dose schedule. Only a FDA-approved alternative regimen vaccine for the two-dose series may be used to meet this requirement. If you are unsure if a particular child's two-dose schedule is acceptable, please contact the Immunization Section for assistance at 501-661-2169.
 *** 3rd dose of hepatitis B should be given at least 8 weeks after the 2nd dose, at least 16 weeks after the 1st dose, and it should not be administered before the child is 24 weeks (168 days) of age. (All 3rd doses of hepatitis B vaccine given earlier than 6 months of age before 6/21/96 are valid doses and should be counted as valid until 6/21/2014.)
 **** MMR and Varicella vaccine must be given on/after the child's first birthday.

We also very excited to inform parents that there is an upcoming Children's Health Fair sponsored by the Junior League of Little Rock that will provide free immunizations and health screenings for children of all ages. This is a wonderful opportunity to update your children's records. See attached information regarding this health fair. Also, we are attempting to arrange for LISA to provide the Tdap immunization here on our campus for currents 6th graders. When we confirm with the Health Department, we will post on our website and provide parents with necessary consent forms.

We also encourage parents to pick up a new Emergency Contact form and over-the-counter (OTC) medication consent form from the nurse's office. These forms must be renewed yearly or when information changes. Please remember, all medications, both prescription and OTC require a doctor's order to be given here at school. Also, the medication must be provided from home, in original container. If you have any questions, please feel free to email or phone the nurse.

[Health Update](#)

It's that time of year.....trees, flowers, POLLEN!!! Many students and staff are currently suffering from allergies; itchy, watery, red eyes, runny nose, and sneezing. Please consider medicating allergy sufferers before school. However, we have had two confirmed cases of pink eye (conjunctivitis) here at LISA. I am attaching an article from WebMD for your information. If you have additional questions, please contact Health Services.

Article Link: <http://www.webmd.com/eye-health/eye-health-conjunctivitis>

[Conjunctivitis | Pinkeye](#)

Conjunctivitis, also known as pinkeye, is an inflammation of the conjunctiva, the thin, clear tissue that lies over the white part of the eye and lines the inside of the eyelid.

[What Causes Pinkeye?](#)

Pinkeye has a number of different causes, including:

- Viruses
- Bacteria (such as gonorrhea or chlamydia)
- Irritants such as shampoos, dirt, smoke, and pool chlorine
- Allergies, like dust, pollen, or a special type of allergy that affects some contact lens wearers

Pinkeye caused by some bacteria and viruses can spread easily from person to person, but are not a serious health risk if diagnosed promptly. Pinkeye in newborn babies, however, should be reported to a doctor immediately.

[What Are the Symptoms of Pinkeye?](#)

The symptoms of pinkeye differ based on the cause of the inflammation, but may include:

- Redness in the white of the eye or inner eyelid.
- Increased amount of tears.
- Thick yellow discharge that crusts over the eyelashes, especially after sleep.
- Green or white discharge from the eye.
- Itchy eyes.
- Burning eyes.
- Blurred vision.
- Increased sensitivity to light.

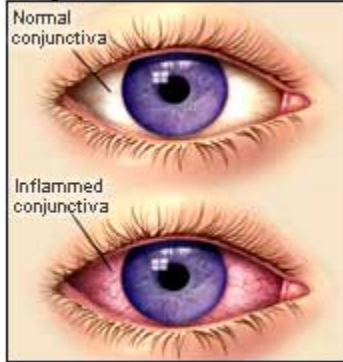
See your eye doctor if you have any of these symptoms of pinkeye. He or she will conduct an exam of your eyes and may take a sample of fluid from the eyelid using a cotton swab to be

analyzed in a lab. Bacteria or viruses that may have caused conjunctivitis, including a sexually transmitted disease or STD, can then be identified and proper treatment prescribed.

[How Is Pinkeye Treated?](#)

The treatment for pinkeye depends on the cause.

Conjunctivitis



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- **Bacteria.** Pinkeye caused by bacteria, including STDs, is treated with antibiotics, in the form of eye drops, ointments, or pills. Eye drops or ointments may need to be applied to the inside of the eyelid three to four times a day for five to seven days. Pills may need to be taken for several days. The infection should improve within a week. Take the medicine as instructed by your doctor, even if the symptoms go away.
- **Viruses.** This type of pinkeye often results from the viruses that cause a common cold. Just as a cold must run its course, so must this form of pinkeye, which usually lasts from four to seven days. Viral conjunctivitis can be highly contagious. Avoid contact with others and wash hands frequently.
- **Irritants.** For pinkeye caused by an irritating substance, use water to wash the substance from the eye for five minutes. Your eyes should begin to improve within four hours after washing away the substance. If the conjunctivitis is caused by acid or alkaline material such as bleach, call your doctor.
- **Allergies.** Allergy-associated conjunctivitis should improve once the allergy is treated and the allergen removed. See your doctor if you have conjunctivitis that is linked to an allergy.

[What Can I Do to Relieve Symptoms of Pinkeye?](#)

To relieve the symptoms of pinkeye:

- Protect your eyes from dirt and other irritating substances.
- Avoid the use of makeup.
- Remove contact lenses, if you wear them.
- Non-prescription "artificial tears," a type of eye drops, may help relieve itching and burning from the irritating substances causing your pinkeye. However, other types of eye drops may irritate the eyes and should not be used. Note: Do not use the same bottle of drops in an uninfected eye.

[How Can I Prevent Spreading Pinkeye?](#)

If you or your child has pinkeye:

- Don't touch or rub the infected eye(s).
- Wash your hands often with soap and warm water.

- Wash any discharge from your eyes several times a day using a fresh cotton ball or paper towel. Afterwards, discard the cotton ball or paper towel and wash your hands with soap and warm water.
- Wash your bed linens, pillowcases, and towels in hot water and detergent.
- Avoid wearing eye makeup.
- Don't share eye makeup with anyone.
- Never wear another person's contact lenses.
- Wear eyeglasses instead of contact lenses. Throw away disposable lenses or be sure to clean extended wear lenses and all eyewear cases.
- Avoid sharing common articles such as unwashed towels and glasses.
- Wash your hands after applying the eye drops or ointment to your eye or your child's eye.
- Do not use eye drops in a non-infected eye that were used for an infected one.
- If your child has bacterial or viral pinkeye, keep your child home from school or day care until he or she is no longer contagious.

[What Are the Complications of Pinkeye?](#)

Usually, pinkeye is a self-limited disease, either clearing up on its own or after a course of antibiotics. However, certain forms of conjunctivitis can become serious and become sight-threatening. They include conjunctivitis caused by gonorrhea or chlamydia.

[How Can I Avoid Getting Pinkeye?](#)

Viral pinkeye is highly contagious. However, maintaining proper hygiene such as frequent hand washing should minimize transmission. With regards to allergic conjunctivitis, avoiding allergens and taking proper care of your contact lenses can help reduce your risk. If someone in your household has pinkeye, be sure to wash your hands often and thoroughly. Avoid sharing washcloths, towels, pillowcases, mascara, or eyeliner with them.

Best Wishes for a healthy last 8 weeks!!

SAT 10, Augmented Benchmark Examinations, EOC Biology, Geometry, Algebra 1 and AP Testing Schedule			
WEEK 1	April,6	Tuesday	SAT 10
	April,7-8 and 9	Wednesday Thursday Friday	SAT 10 Make-up
WEEK 2	April,12	Monday	Augmented Benchmark Examinations Grades 6,7 and 8
	April,13	Tuesday	Augmented Benchmark Examinations Grades 6,7 and 8
	April,14	Wednesday	Augmented Benchmark Examinations Grades 6,7 and 8
	April,15	Thursday	Augmented Benchmark Examinations Grades 6,7 and 8
	April,16	Friday	Augmented Benchmark Examinations Only Grade 7
WEEK 3	April, 19	Monday	Makeup test administration for the Augmented Benchmark Examinations
	April, 20	Tuesday	EOC Geometry Testing Makeup test administration for the Augmented Benchmark Examinations
	April, 21	Wednesday	EOC Geometry Testing Makeup test administration for the Augmented Benchmark Examinations
	April, 22	Thursday	EOC Algebra 1 Testing
	April, 23	Friday	EOC Algebra 1 Testing
WEEK 4	April,27	Tuesday	EOC Biology Testing EOC Geometry and Algebra 1 Makeup Testing
	April,28	Wednesday	EOC Biology Testing EOC Geometry and Algebra 1 Makeup Testing
	April,29--> May,5	Thursday	EOC Biology Testing Makeup Testing
WEEK 5	May,4	Tuesday	AP Statistics (12:00 pm)
	May,5	Wednesday	Algebra II Exam AP Calculus AB (Morning - 8 a.m.)
	May,6	Thursday	AP English Literature and Composition (Morning - 8 a.m.)
	May 7	Friday	AP United States History (Morning - 8 a.m.) AP European History (Afternoon - 12 p.m.)
WEEK 6	May 11	Tuesday	AP Chemistry(Morning - 8 a.m.)
	May 12	Wednesday	AP English Language and Composition (Morning - 8 a.m.)
	May 13	Thursday	AP World History (Morning - 8 a.m.)

Testing Schedule	
6th Graders and 7A	Augmented Benchmark Examinations
7B-7C-7D-8A-8B	Augmented Benchmark Examinations EOC Algebra 1 Testing
8C-8D	Augmented Benchmark Examinations EOC Geometry Testing EOC Biology Testing
9A	SAT 10 EOC Algebra 1 Testing EOC Biology Testing
9B	SAT 10 EOC Geometry Testing EOC Biology Testing
9C	SAT 10 Algebra-2 Testing
10A	EOC Geometry Testing
10B-11B	Algebra-2 Testing